

**Southland Conference Indoor Championships 2024**  
**Birmingham CrossPlex - 2/25/2024 to 2/26/2024**  
**Meet Program - Sunday Running Events**

**Event 17 Heptathlon: #1 Men 60 Meter Dash****Sunday 2/25/2024 - 8:30 AM**

SLC Meet: 6.91 2/26/2023 Dallas Williams

CrossPlex: 6.71 3/11/2022 Andrei Iosivas

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

2	Tim Pelkmans	FR	Northwestern	NT
3	Micky Ferdinand	SR	TAMU-Commerc	NT
4	Isaiah Hudgens	JR	Incarnate Wo	NT
5	Dedrick Gant	JR	SE Louisiana	NT
6	Logan Broussard	SO	McNeese Stat	NT

**Section 2 of 2 Finals**

2	Joshua Nate	SO	TAMU-Commerc	NT
3	Jonah Ulbricht	SO	Incarnate Wo	NT
4	Leo Chauchard	JR	Incarnate Wo	NT
5	Scott Boon	FR	Houston Chri	NT
6	Christian Malbreaux	SO	McNeese Stat	NT
7	Kyle Sieracki	JR	Incarnate Wo	NT

**Event 34 Indoor Pentathlon: #1 Women 60 Meter Hurdles****Sunday 2/25/2024 - 8:50 AM**

SLC Meet: 8.50 2006 Ryanne Dupree

CrossPlex: 8.09 3/11/2016 Kendall Williams

Lane	Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	Amiya Matthews	SR	Nicholls Sta	NT
3	Isabella Gonzalez-Velasquez	FR	Incarnate Wo	NT
5	Aleah Constantine	JR	Incarnate Wo	NT
7	Mariam Buenaneuva Saleme	JR	Lamar	NT

**Section 2 of 3 Finals**

1	Cherie Neal	FR	Nicholls Sta	NT
3	Magdaline Campo	FR	TAMU-Commerc	NT
5	Andrea Tirado	SO	Nicholls Sta	NT

**Section 3 of 3 Finals**

1	Raven-Symone Jarrett	JR	Northwestern	NT
3	Clemence Varin	JR	Lamar	NT
5	Jinte Braas	FR	Nicholls Sta	NT
7	Lexie Leal	FR	Incarnate Wo	NT

**Event 34 Indoor Pentathlon: #5 Women 800 Meter Run****Sunday 2/25/2024 - 0:00 PM**

SLC Meet: 2:15.38 2/21/2018 Migle Muraskaite

CrossPlex: 2:08.75 3/11/2022 Anna Hall

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Amiya Matthews	SR	Nicholls Sta	NT
2	Magdaline Campo	FR	TAMU-Commerc	NT
3	Clemence Varin	JR	Lamar	NT
4	Isabella Gonzalez-Velasquez	FR	Incarnate Wo	NT
5	Jinte Braas	FR	Nicholls Sta	NT
6	Aleah Constantine	JR	Incarnate Wo	NT
7	Andrea Tirado	SO	Nicholls Sta	NT
8	Mariam Buenaneuva Saleme	JR	Lamar	NT
9	Raven-Symone Jarrett	JR	Northwestern	NT
10	Cherie Neal	FR	Nicholls Sta	NT
11	Lexie Leal	FR	Incarnate Wo	NT

**Event 24 Women 5000 Meter Run****Sunday 2/25/2024 - 12:00 PM**

2-alley start, 2-turn stagger

SLC Meet: 16:26.46 2/21/2018 Rabea Schoneborn

CrossPlex: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Ava Pitarro	FR	SE Louisiana	18:58.87
2	Rebecca DeKay	JR	New Orleans	17:20.75
3	Ashlyn Royal	JR	Incarnate Wo	NT
4	Sorcha Moloney	SR	McNeese Stat	NT
5	Faith Ramos	FR	Texas A&M-CC	NT
6	Nia Clatworthy	JR	Lamar	16:27.81
7	Ashton Rainey	FR	Lamar	NT
8	Marta Pascoa	SR	McNeese Stat	NT
9	Sophia Harrison	JR	Nicholls Sta	NT
10	Michelle Folk	SR	New Orleans	NT
11	Irene Bonanomi	SR	New Orleans	NT
12	Issy Rivault	FR	Nicholls Sta	NT

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**Event 7 Men 5000 Meter Run**

**Sunday 2/25/2024 - 12:30 PM**

**2-alley start, 2-turn stagger**

**SLC Meet: 13:40.36 2/28/2021 Shea Foster**

**CrossPlex: 13:19.01 3/11/2022 Abdihamid Nur**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Jeremiah Garcia	FR	TAMU-Commerc	NT
2	Rolando Ortiz	JR	McNeese Stat	NT
3	Justice Artisist	SR	Houston Chri	NT
4	Roy Gomez	JR	Texas A&M-CC	NT
5	Kelvin Kimaiyo	JR	Texas A&M-CC	NT
6	Griffin Neal	JR	Incarnate Wo	NT
7	Matthew Hansen	SO	New Orleans	14:18.78
8	Alexandre Fetizon	JR	Incarnate Wo	NT
9	Crawford Kiser	SO	Lamar	NT
10	Josh Johnston	FR	New Orleans	NT
11	John Speer	JR	TAMU-Commerc	NT
12	Euan Lagan	JR	SE Louisiana	NT
13	Damon Gutierrez	SO	Incarnate Wo	15:08.09
14	Dennis Kipngeno	SR	Texas A&M-CC	14:14.17
15	Jonathan Rivera	SO	Lamar	NT
16	Antonio Delgado	SO	New Orleans	NT
17	Landon Blankenship	JR	Texas A&M-CC	NT
18	Ryan Garza	SR	Incarnate Wo	NT
19	Gilbert Kimutai	JR	McNeese Stat	NT
20	Enock Kimutai	JR	Texas A&M-CC	14:50.40
21	Colby Kurtz	FR	Houston Chri	NT
22	Jacob Kipkogei	SR	McNeese Stat	NT
23	Gary Sandrock	JR	New Orleans	NT
24	Evan Pardo	JR	New Orleans	14:22.64
25	Lucas Futey	JR	Nicholls Sta	NT

**Event 25 Women 60 Meter Hurdles**

**Sunday 2/25/2024 - 3:00 PM**

**Heat Winner + Next 5 on Time Advance to Finals**

**SLC Meet: 8.19 2014 Sabrina Starr**

**CrossPlex: 7.78 3/11/2022 Grace Stark**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	Sarinity Bracey	SR	New Orleans	8.72
3	Madison Brown	SR	Northwestern	8.99
4	Mariam Buenaneuva Saleme	JR	Lamar	9.01
5	Aleah Constantine	JR	Incarnate Wo	9.22
6	Chloe Rodriguez	JR	Lamar	8.82
7	Bre'anna Lacy	SO	TAMU-Commerc	9.28

**Heat 2 of 3 Prelims**

1	Jessica Pitcher	SO	Northwestern	8.96
2	Isabella Gonzalez-Velasquez	FR	Incarnate Wo	9.06
3	Kayli Johnson	JR	Lamar	8.41
4	Kayla Smith	SO	Lamar	9.38
5	Brianna Hinds	SO	Houston Chri	8.91
6	Charnay Derrick	FR	Incarnate Wo	9.11
7	Alicia Ziegler	FR	Incarnate Wo	9.45

**Heat 3 of 3 Prelims**

2	Charidee Morgan	FR	TAMU-Commerc	9.21
3	Raven-Symone Jarrett	JR	Northwestern	8.98
4	Analice Pursley	FR	TAMU-Commerc	9.33
5	Danya Satterfield	FR	Nicholls Sta	9.95
6	Vanessa Balde	SO	Northwestern	8.48
7	Dasya Tolbert	FR	Incarnate Wo	8.91
8	Lanaye Keys	JR	Houston Chri	9.05

**Event 8 Men 60 Meter Hurdles**

**Sunday 2/25/2024 - 3:10 PM**

**Top Two in Heat + Next 4 on Time Advance**

**SLC Meet: 7.75 2/25/2019 Fabian McCall**

**CrossPlex: 7.35 3/9/2019 Grant Holloway**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Josiah Martinez	JR	Incarnate Wo	8.36
2	Isaiah Hudgens	JR	Incarnate Wo	7.96
3	Andrei Fuentes	SO	Nicholls Sta	8.72
4	Kelton Brookins	FR	New Orleans	8.55
5	Jordan Johnson	SR	TAMU-Commerc	8.14
6	Candan Martin	JR	Incarnate Wo	8.12
7	Leo Chauchard	JR	Incarnate Wo	8.33
8	Taj Morris	JR	Northwestern	8.02
<b>Heat 2 of 2 Prelims</b>				
1	Olufolabo Ogunyemi	SR	SE Louisiana	8.04
2	Zayden Davis	JR	TAMU-Commerc	8.02
3	Kyle Sieracki	JR	Incarnate Wo	8.26
4	SJ Marais	FR	Houston Chri	8.37
5	Jorim Bangué	SO	New Orleans	7.95
6	Ashton Munoz-Nieves	FR	Houston Chri	8.26
7	Jaden Powell	JR	McNeese Stat	8.50
8	Gavin White	FR	Nicholls Sta	8.85

**Southland Conference Indoor Championships 2024**  
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**Meet Program - Sunday Running Events**

**Event 18 Women 60 Meter Dash****Sunday 2/25/2024 - 3:20 PM****Heat Winner + Next 3 on Time Advance to Finals**

SLC Meet: 7.32 2/26/2023 Lynelle Washington  
 CrossPlex: 7.04 3/11/2022 Julien Alfred

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 5 Prelims</b>				
2	Braeja Johnson	SR	TAMU-Commerc	8.01
3	Jessica Martini	FR	Houston Chri	7.76
4	Tia Andrews	SR	McNeese Stat	7.84
5	Nia Hampton	FR	Texas A&M-CC	7.91
6	Jada Green	SO	Incarnate Wo	7.57
7	Latavia Jack	JR	McNeese Stat	7.54
<b>Heat 2 of 5 Prelims</b>				
2	Leah Pettis	SO	TAMU-Commerc	7.54
3	Chelsea Hegggar	SO	McNeese Stat	7.97
4	Brianna Howard	JR	Lamar	7.56
5	Raylen Russell	SO	Houston Chri	7.78
6	Makayla Heath	SR	McNeese Stat	7.81
7	Chelsi Tatum	FR	McNeese Stat	7.93
<b>Heat 3 of 5 Prelims</b>				
2	Charnay Derrick	FR	Incarnate Wo	7.86
3	Peyton Oliver	FR	Houston Chri	8.05
4	Hailey Ayers	FR	SE Louisiana	7.85
5	Maygan Shaw	JR	Northwestern	7.64
6	Vanessa Balde	SO	Northwestern	7.61
7	Kiara Brown	JR	TAMU-Commerc	7.30
8	Favor Ezeoka	FR	Lamar	8.06
<b>Heat 4 of 5 Prelims</b>				
2	Victoria Byrd	SO	Northwestern	7.66
3	Lynelle Washington	SR	Northwestern	7.43
4	Porsha Miles	SR	SE Louisiana	8.03
5	Katelyn Wallace	SO	SE Louisiana	7.84
6	Marvellous Asemota	FR	SE Louisiana	7.60
7	Mia Abraham	JR	TAMU-Commerc	8.18
8	Macey Morris	JR	Houston Chri	7.86
<b>Heat 5 of 5 Prelims</b>				
2	Ashley Benton	SR	TAMU-Commerc	7.91
3	Sydne Porter	SR	Lamar	7.84
4	Laderria Myers	SR	TAMU-Commerc	8.02
5	Capri Wilson	SR	Texas A&M-CC	7.70
6	Cece Charles	SO	TAMU-Commerc	NT
7	Immaculate Danial	FR	SE Louisiana	7.59
8	Sileena Farrell	SO	Northwestern	7.53

**Event 1 Men 60 Meter Dash****Sunday 2/25/2024 - 3:35 PM****Heat Winner + Next 4 on Time Advance to Finals**

SLC Meet: 6.64 2009 Teddy Williams  
 CrossPlex: 6.47 3/12/2016 Ronnie Baker

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 4 Prelims</b>				
2	Zyyare Brown	JR	Houston Chri	6.90
3	Enoch Fosuhene	FR	TAMU-Commerc	6.86
4	John Adesola	JR	New Orleans	6.70
5	Corin Burns	SO	Incarnate Wo	6.82
6	Kingsley Ayevide	FR	TAMU-Commerc	6.78
7	Jordan Jackson	JR	Nicholls Sta	7.22
<b>Heat 2 of 4 Prelims</b>				
2	Ibrahim Fuseini	SO	TAMU-Commerc	6.75
3	Samuel Gray	JR	McNeese Stat	7.03
4	DeKalon Taylor	FR	Incarnate Wo	6.83
5	Amari Godette	SR	Nicholls Sta	6.84
6	Madonna Favour	FR	New Orleans	6.75
7	Efosa Evbuomwan	SR	Lamar	7.04
<b>Heat 3 of 4 Prelims</b>				
2	Allen Tabb	SO	Lamar	7.40
3	Emmanuel Agenor	SR	TAMU-Commerc	6.90
4	Tavis Wilson	SO	Northwestern	6.80
5	Ronald Owens	JR	TAMU-Commerc	6.80
6	Kahlil Lewis	FR	Nicholls Sta	7.25
7	Kalen Beavers	FR	McNeese Stat	6.90
8	Keontae' Gaines	JR	Northwestern	6.64
<b>Heat 4 of 4 Prelims</b>				
2	Koen Beavers	FR	McNeese Stat	6.76
3	Xavier Madden	SR	SE Louisiana	7.02
4	Thomas Gignoux	SR	Incarnate Wo	6.83
5	Cyrus Jacobs	SO	Northwestern	6.85
6	Oguz Uyar	FR	TAMU-Commerc	6.74
7	Michael Crawford	FR	Nicholls Sta	7.20

**Southland Conference Indoor Championships 2024**  
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**Meet Program - Sunday Running Events**

**Event 22 Women 1 Mile Run**

**Sunday 2/25/2024 - 4:00 PM**

**2-alley start; 2-turn stagger**

**Top Three in Heat + Next 4 on Time Advance**

**SLC Meet: 4:45.93 2/16/2016 Verity Ockenden**  
**CrossPlex: 4:33.13 3/11/2022 Sintayehu Vissa**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Khylee Philips	FR	Lamar	5:20.35
2	Danielle Salinas	SO	Incarnate Wo	5:27.65
3	Jasmine Perez	SR	McNeese Stat	5:06.12
4	Ida Danner	FR	New Orleans	5:10.66
5	Anete Randma	SO	TAMU-Commerc	5:06.97
6	Didi Garcia	SO	Incarnate Wo	NT
7	Jeny Barcenas	FR	McNeese Stat	4:52.91
8	Destiny Quintanilla	SO	Houston Chri	5:06.97
9	Eliana Battle	JR	Incarnate Wo	NT
10	Chloe Garcia Grafing	JR	Texas A&M-CC	5:08.95

Lane	Name	Yr	School	Seed Time
<b>Heat 2 of 2 Prelims</b>				
1	Natalee Bergeron	JR	Lamar	5:47.91
2	Alexandra Weir	SR	New Orleans	4:52.74
3	Oxana Bonjorn-Giros	JR	New Orleans	5:08.94
4	Anna Martin	SR	New Orleans	5:08.84
5	Kassidy Besson	FR	Nicholls Sta	5:16.36
6	Cara Inch	JR	Lamar	NT
7	Agnes Danner	FR	New Orleans	5:06.69
8	Emma Bourg	FR	New Orleans	5:06.30
9	Sharon Kiproop	SR	Texas A&M-CC	5:17.10
10	Eleana Campos	FR	Lamar	5:44.05

**Event 5 Men 1 Mile Run**

**Sunday 2/25/2024 - 4:15 PM**

**2-alley start; 2-turn stagger**

**Top Three in Heat + Next 4 on Time Advance**

**SLC Meet: 4:03.14 2014 Sam Stabler**  
**CrossPlex: 3:57.04 3/12/2022 Johnathan Davis**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Albin Wallenius	FR	Houston Chri	4:17.81
2	Noah Kiprotich	JR	SE Louisiana	4:32.37
3	Freddy Richardson	JR	Lamar	4:02.30
4	Bryan Mileski	SO	Incarnate Wo	4:12.61
5	Mason Appleton	SO	New Orleans	4:16.80
6	Casey Novelo	JR	TAMU-Commerc	4:15.60
7	Kevin Kimaiyo	SO	McNeese Stat	4:27.77
8	Alex Soileau	SR	New Orleans	4:22.27
9	Christopher Daniels	JR	Incarnate Wo	4:20.94
10	William Nizzo	FR	Nicholls Sta	4:32.55
11	Geovany Cisneros	SO	Lamar	4:13.48

**Heat 2 of 2 Prelims**

1	Sullivan Hanna	FR	McNeese Stat	4:30.81
2	Ethan Malesich	FR	Incarnate Wo	4:17.64
3	Landen Schillage	SO	SE Louisiana	4:32.22
4	Alex Piquart	SR	Houston Chri	4:08.81
5	Evans Kemboi	SO	McNeese Stat	4:36.90
6	Jared Laverty	SO	Incarnate Wo	4:17.74
7	Nicholas Deutsch	JR	TAMU-Commerc	4:21.94
8	Ryan Servantes	FR	Lamar	4:14.85
9	Cade Litolff	SR	New Orleans	4:14.33
10	Abderahman Benfodda	FR	Houston Chri	4:21.49
11	Omer El-Fadl	JR	McNeese Stat	4:06.29

**Event 20 Women 400 Meter Dash**

**Sunday 2/25/2024 - 4:30 PM**

**Two heat final - BASED ON TIME**

**Heat #1 3,4,6,8 Heat #2 1,2,5,7**

**SLC Meet: 53.25 3/2/2020 Natasha Jackson**  
**CrossPlex: 50.69 3/12/2016 Courtney Okolo**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 7 Prelims</b>				
3	Jashyra Thomas	FR	McNeese Stat	58.57
4	Onya Onyinye Favour	FR	SE Louisiana	56.47
5	Yasmine Steele	SR	Texas A&M-CC	59.01
6	Chloe Rodriguez	JR	Lamar	56.62
<b>Heat 2 of 7 Prelims</b>				
3	Adebola Odunlami	JR	Lamar	1:00.10
4	Miriam Kauer	FR	SE Louisiana	57.50
5	Samari Finney	SO	Northwestern	57.18
6	Maygan Shaw	JR	Northwestern	54.74
<b>Heat 3 of 7 Prelims</b>				
3	Zaria Hamilton	JR	McNeese Stat	59.27
4	Trinity Bracey	SR	New Orleans	56.83
5	Kemaya Linton	SR	Houston Chri	58.03
6	Tranasia Jones	JR	Northwestern	56.01
<b>Heat 4 of 7 Prelims</b>				
3	Janell Harvell	SR	Lamar	1:01.19
4	Alimot Alowonle	SO	New Orleans	57.34
5	Faith Outing	SR	Lamar	57.23
6	Sanaria Butler	SO	Northwestern	53.03
<b>Heat 5 of 7 Prelims</b>				
3	Alexandra Cleveland	SR	SE Louisiana	59.95
4	Indya Jackson	SR	SE Louisiana	55.38
5	Dasya Tolbert	FR	Incarnate Wo	57.79
6	Oriana Gee	SR	TAMU-Commerc	57.12
<b>Heat 6 of 7 Prelims</b>				
3	Harmony Rector	FR	Incarnate Wo	58.12
4	Kahliah Anderson	JR	Northwestern	56.72
5	Kallie Morrison	SO	Incarnate Wo	59.12
6	Kayla Harrison	SR	McNeese Stat	56.10

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**Heat 7 of 7 Prelims...(Event 20 Women 400 Meter Dash)**

3	Erial Fontenot	SO	Texas A&M-CC	59.35
4	Jordan Carter	SR	McNeese Stat	56.86
5	Esther Nwanze	JR	SE Louisiana	55.64
6	Kayla Smith	SO	Lamar	57.97

**Event 3 Men 400 Meter Dash**

**Sunday 2/25/2024 - 4:55 PM**

**Two heat final - BASED ON TIME**

**Heat #1 3,4,6,8 Heat #2 1,2,5,7**

**SLC Meet: 46.23 3/2/2020 Johnathan Sawyer**  
**CrossPlex: 44.62 3/12/2022 Randolph Ross**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 6 Prelims**

3	Eddie Barrientes	SO	TAMU-Commerc	NT
4	Ikenna Opara	FR	Incarnate Wo	49.84
5	Cameron Chin	SO	Lamar	47.73
6	Eric Quilantan	JR	Incarnate Wo	49.34

**Heat 2 of 6 Prelims**

3	Joshua Anding	FR	SE Louisiana	50.22
4	Ethan Ellis	SO	Lamar	NT
5	Denzel Hinds	JR	Houston Chri	49.25
6	Ondray Miles	SR	McNeese Stat	47.90

**Heat 3 of 6 Prelims**

3	Christian Johnson	SO	Lamar	50.46
4	Jaylon Roberts	SR	Lamar	48.26
5	Dedrick Gant	JR	SE Louisiana	52.13
6	Philip Krenek	SO	TAMU-Commerc	49.25

**Heat 4 of 6 Prelims**

3	Desmond Duncan	SO	Northwestern	50.54
4	Victory Achakpoekri	FR	SE Louisiana	48.39
5	Nisaiah Bennett	FR	Nicholls Sta	51.53
6	Jaysaun Smith	JR	Northwestern	48.91

**Heat 5 of 6 Prelims**

3	Tomlee Thomas	JR	TAMU-Commerc	NT
4	Darryl George Jr.	FR	New Orleans	49.47
5	Jaden Powell	JR	McNeese Stat	49.45
6	Jalon White	SR	McNeese Stat	47.17

**Heat 6 of 6 Prelims**

3	Rene Renteria	SO	Texas A&M-CC	51.34
4	Cyrus Jacobs	SO	Northwestern	48.55
5	Kelton Brookins	FR	New Orleans	50.87
6	Mikkel Johansson	SO	Northwestern	48.60

**Event 21 Women 800 Meter Run**

**Sunday 2/25/2024 - 5:20 PM**

**2-alley start; 2-turn stagger**

**Top Two in Heat + Next 4 on Time Advance**

**SLC Meet: 2:09.30 2/22/2018 Camry Grigsby**  
**CrossPlex: 2:01.37 3/11/2022 Lindsey Butler**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Layla Ingalls	JR	Nicholls Sta	2:24.94
2	Sophia Wolf	JR	New Orleans	2:08.71
3	Isabelle Seijlhouwer	FR	Nicholls Sta	NT
4	Irene Barreiro-Lopez	JR	McNeese Stat	2:16.26
5	Nia Riley	JR	McNeese Stat	2:19.96
6	Oxana Bonjorn-Giros	JR	New Orleans	NT
7	Grace Sullivan	JR	McNeese Stat	2:16.07

**Heat 2 of 2 Prelims**

1	Riley Cowan	SR	Texas A&M-CC	2:19.49
2	Kayla Warner	SR	McNeese Stat	2:12.12
3	Maria Nikolaou	FR	Nicholls Sta	2:15.71
4	Kate Brockman	JR	Texas A&M-CC	2:19.96
5	Ceyda Bayur	SO	Northwestern	NT
6	Makenzie Blan	FR	Houston Chri	2:37.39
7	Lauren Graham	SR	Nicholls Sta	NT

**Event 4 Men 800 Meter Run**

**Sunday 2/25/2024 - 5:35 PM**

**2-alley start; 2-turn stagger**

**Heat Winner + Next 4 on Time Advance**

**SLC Meet: 1:48.82 1990 Joseph Sainah**  
**CrossPlex: 1:46.46 3/9/2019 Bryce Hoppel**

Lane	Name	Yr	School	Seed Time
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**Heat 1 of 4 Prelims**

1	josiah Whitaker	FR	SE Louisiana	1:58.65
2	Colby Trahan	SO	McNeese Stat	1:58.03
3	Tim Anstett	FR	SE Louisiana	1:53.73
4	Wesley O'Neal	SR	Nicholls Sta	2:07.48
5	Courtlin Bauchand	SO	SE Louisiana	2:00.98
6	Nick Coonan-Bailey	FR	Nicholls Sta	2:02.48
7	Christian Francisco	JR	New Orleans	1:56.10
8	Filippo Squassina	JR	McNeese Stat	1:52.11

**Heat 2 of 4 Prelims**

1	Brian Norton	FR	Northwestern	1:58.66
2	Kyshun Webster	FR	Nicholls Sta	2:06.65
3	Sullivan Hanna	FR	McNeese Stat	1:57.75
4	Aaron Saenz	SO	Lamar	2:02.90
5	Javon-Taye Williams	SR	SE Louisiana	1:56.62
6	Krzysztof Turski	JR	Houston Chri	1:52.53
7	King Grimm	SO	Incarnate Wo	1:53.43
8	Dominick Luna	FR	Lamar	1:59.62

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**Heat 3 of 4 Prelims...(Event 4 Men 800 Meter Run)**

1	Ethan Malesich	FR	Incarnate Wo	1:54.47	_____
2	Christopher Flores	JR	TAMU-Commerc	1:58.21	_____
3	Edwin Portillo	FR	SE Louisiana	2:02.26	_____
4	Omer El-Fadl	JR	McNeese Stat	NT	_____
5	Darian Chestnut	SO	SE Louisiana	1:58.26	_____
6	Adam Gautreaux	FR	Nicholls Sta	2:08.96	_____
7	William Bellina	SO	Nicholls Sta	2:02.30	_____
8	Abdullah Elkhair	SO	McNeese Stat	1:55.55	_____
9	Alex Martin	FR	McNeese Stat	1:49.78	_____

**Heat 4 of 4 Prelims**

1	Joel Boerkey	FR	SE Louisiana	1:58.87	_____
2	Baptiste Depril-Dupre	SR	New Orleans	1:52.99	_____
3	Korbin Shumate	JR	Northwestern	1:56.88	_____
4	Emil Hajjaj	SO	Texas A&M-CC	1:53.27	_____
5	Obied Mohamed	SO	McNeese Stat	1:59.34	_____
6	Evan Wilson	JR	Northwestern	2:06.48	_____
7	Alex Hartline	FR	Nicholls Sta	2:05.05	_____
8	Goran Duijsters	JR	Nicholls Sta	1:57.38	_____

**Event 19 Women 200 Meter Dash**

**Sunday 2/25/2024 - 5:50 PM**

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 23.50 3/2/2020 **Natasha Jackson**  
 CrossPlex: 22.16 3/12/2022 **Abby Steiner**

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 9 Prelims</b>					
3	Porsha Miles	SR	SE Louisiana	NT	_____
4	Nia Hampton	FR	Texas A&M-CC	25.33	_____
5	Brianna Howard	JR	Lamar	23.93	_____
6	Kallie Morrison	SO	Incarnate Wo	25.51	_____
<b>Heat 2 of 9 Prelims</b>					
3	Muonie Pickens	JR	Nicholls Sta	28.18	_____
4	Jada Green	SO	Incarnate Wo	25.63	_____
5	Sanaria Butler	SO	Northwestern	24.10	_____
6	Immaculate Danial	FR	SE Louisiana	25.09	_____
<b>Heat 3 of 9 Prelims</b>					
3	Harmony Rector	FR	Incarnate Wo	25.86	_____
4	Laderria Myers	SR	TAMU-Commerc	26.36	_____
5	Maygan Shaw	JR	Northwestern	24.15	_____
6	Dasya Tolbert	FR	Incarnate Wo	24.92	_____
<b>Heat 4 of 9 Prelims</b>					
3	Tia Andrews	SR	McNeese Stat	NT	_____
4	Khiah Lara-Turner	SO	Texas A&M-CC	25.36	_____
5	Kiara Brown	JR	TAMU-Commerc	23.34	_____
6	Latavia Jack	JR	McNeese Stat	25.44	_____
<b>Heat 5 of 9 Prelims</b>					
3	Makayla Heath	SR	McNeese Stat	25.54	_____
4	Ashley Benton	SR	TAMU-Commerc	NT	_____
5	Capri Wilson	SR	Texas A&M-CC	25.14	_____
6	Leah Pettis	SO	TAMU-Commerc	24.06	_____

**Heat 6 of 9 Prelims**

3	Braeja Johnson	SR	TAMU-Commerc	26.78	_____
4	Katelyn Wallace	SO	SE Louisiana	25.74	_____
5	Marvellous Asemota	FR	SE Louisiana	25.05	_____
6	Lynelle Washington	SR	Northwestern	24.12	_____

**Heat 7 of 9 Prelims**

3	Peyton Oliver	FR	Houston Chri	26.55	_____
4	Vanessa Balde	SO	Northwestern	24.13	_____
5	Jakenzie Thymes	JR	Lamar	25.78	_____
6	Victoria Byrd	SO	Northwestern	25.00	_____

**Heat 8 of 9 Prelims**

3	Cherie Neal	FR	Nicholls Sta	26.25	_____
4	Sydne Porter	SR	Lamar	24.54	_____
5	Favor Ezeoka	FR	Lamar	26.03	_____
6	Kayla Harrison	SR	McNeese Stat	24.91	_____

**Heat 9 of 9 Prelims**

3	Jessica Martini	FR	Houston Chri	26.10	_____
4	Chelsi Tatum	FR	McNeese Stat	26.23	_____
5	Trinity Bracey	SR	New Orleans	24.82	_____
6	Kahliyah Anderson	JR	Northwestern	24.83	_____

**Event 2 Men 200 Meter Dash**

**Sunday 2/25/2024 - 6:15 PM**

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 20.94 2/25/2019 **Jo'vaughn Martin**  
 CrossPlex: 20.34 3/8/2019 **Divine Oduduru**

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 8 Prelims</b>					
3	Nisaiah Bennett	FR	Nicholls Sta	22.30	_____
4	Kingsley Ayevide	FR	TAMU-Commerc	NT	_____
5	Jalon White	SR	McNeese Stat	21.79	_____
6	Mikkel Johansson	SO	Northwestern	21.29	_____
<b>Heat 2 of 8 Prelims</b>					
3	Koen Beavers	FR	McNeese Stat	22.19	_____
4	Amari Godette	SR	Nicholls Sta	NT	_____
5	Keontae' Gaines	JR	Northwestern	21.16	_____
6	Corin Burns	SO	Incarnate Wo	22.00	_____
<b>Heat 3 of 8 Prelims</b>					
4	Ibrahim Fuseini	SO	TAMU-Commerc	21.10	_____
5	Kalen Beavers	FR	McNeese Stat	22.11	_____
6	Samuel Gray	JR	McNeese Stat	22.17	_____
<b>Heat 4 of 8 Prelims</b>					
3	DeKalon Taylor	FR	Incarnate Wo	22.49	_____
4	Cameron Chin	SO	Lamar	21.63	_____
5	Michael Crawford	FR	Nicholls Sta	23.18	_____
6	Kenson Tate	JR	Lamar	21.71	_____
<b>Heat 5 of 8 Prelims</b>					
3	Efosa Evbuomwan	SR	Lamar	22.36	_____
4	Cyrus Jacobs	SO	Northwestern	21.60	_____
5	Jordan Jackson	JR	Nicholls Sta	23.50	_____
6	Ikenna Opara	FR	Incarnate Wo	21.78	_____

**Southland Conference Indoor Championships 2024**  
**Birmingham CrossPlex - 2/25/2024 to 2/26/2024**  
**Meet Program - Sunday Running Events**

**Heat 6 of 8 Prelims...(Event 2 Men 200 Meter Dash)**

3	Xavier Madden	SR	SE Louisiana	22.71	_____
4	Eddie Barrientes	SO	TAMU-Commerc	22.51	_____
5	Enoch Fosuhene	FR	TAMU-Commerc	21.69	_____
6	Thomas Gignoux	SR	Incarnate Wo	21.71	_____

**Heat 7 of 8 Prelims**

3	Tomlee Thomas	JR	TAMU-Commerc	22.42	_____
4	Eric Quilantan	JR	Incarnate Wo	21.78	_____
5	Jaysaun Smith	JR	Northwestern	21.62	_____
6	Kahlil Lewis	FR	Nicholls Sta	23.28	_____

**Heat 8 of 8 Prelims**

4	Jaylon Roberts	SR	Lamar	22.16	_____
5	Darryl George Jr.	FR	New Orleans	22.15	_____
6	Oguz Uyar	FR	TAMU-Commerc	21.07	_____

**Event 27 Women Distance Medley**

**Sunday 2/25/2024 - 6:40 PM**

2-alley start; 2-turn stagger

SLC Meet: 10:49.14 1996 UT Arlington

CrossPlex: 10:51.37 3/11/2022 Arkansas

I Van Camp, P Peoples, K Gear, L Jolly

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	McNeese Stat		NT _____
2	TAMU-Commerc		NT _____
3	SE Louisiana		NT _____
4	Incarnate Wo		12:39.34 _____
5	Nicholls Sta		NT _____
6	Lamar		NT _____
7	New Orleans		NT _____
8	Texas A&M-CC		12:29.00 _____
9	Houston Chri		12:25.64 _____

**Event 10 Men Distance Medley**

**Sunday 2/25/2024 - 7:00 PM**

2-alley start; 2-turn stagger

SLC Meet: 9:54.13 2014 Lamar

S. Guiney, C. Williams, A. Bennett, S. Stabler

CrossPlex: 9:25.20 3/11/2022 Texas

C Gomez, W Wright, C Carrozza, Y Abdalla

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	McNeese Stat		NT _____
2	Texas A&M-CC		NT _____
3	SE Louisiana		NT _____
4	Nicholls Sta		NT _____
5	Houston Chri		10:13.02 _____
6	New Orleans		NT _____
7	Lamar		10:34.06 _____
8	Northwestern		NT _____
9	TAMU-Commerc		NT _____
10	Incarnate Wo		10:09.95 _____